



2019-20 Regis Middle School Dress Code

Shirts

- Solid color polo's (both long and short sleeve) without logos may be worn in the following colors: red, yellow, black, white, navy, light blue, and gray (no neon).
- Solid color collared dress shirts without logos (buttons down the front) in the above-approved colors.
- Shirts must be tucked in at all times and shirts must be long enough to stay tucked in.
- Shirts must be buttoned up so as to reflect Christian modesty (one button from the top) and should be modest in fit (not too tight).
- Xavier and Regis approved dress code shirts (polos with Regis/Xavier school logos) may be worn.

Sweaters

- Solid color traditional crew neck, V-neck, or cardigan sweaters without logos and without hoods may be worn in the following colors: red, yellow, black, white, navy, light blue, and gray (no neon).
- A dress code shirt (see above) must be worn under sweaters and shirts must be tucked in.
- Sweaters must be long sleeved and at least waist length.

Sweatshirts/Fleece

- Approved Dress Code Regis Quarter Zip Fleece in Red, Navy, or Gray.
- XHS Dress Code Quarter Zip and/or Crew Neck Sweatshirt may be worn.
- A dress code shirt (see above) must be worn under sweatshirts/fleece and shirts must be tucked in.

Pants

- Khaki, Navy, Black or Gray Colored dress pants may be worn (no Cargo pants).
- Pants should be appropriately sized and must be free of holes, rips, or tears.
- No belts are required for pants.

Shorts/Capris

- Before October 1st and starting May 1st, girls and boys may wear khaki or navy shorts.
- During the same time period, girls may wear capri pants.
- Shorts are to be no shorter than mid-thigh in length (measured by four fingers width above the knee) and no longer than the knee.
- Cargo shorts may be worn.
- If weather conditions warrant, other days may be designated by the principal.
- No belts are required for shorts.

Hats/Outerwear/Other

- No hats, caps, sunglasses, or other head coverings are permitted.
- No coats, jackets, or sweatshirts other than the approved Regis or Xavier fleece should be worn during the school day
- No buttons/pins, logos, slogans, or stickers may be worn.

Jewelry and Makeup

- Only girls may wear earrings. Earrings are allowed only in the ears and must be in good taste.
- Only natural foundation (cover-up), mascara and clear lip-gloss may be worn by girls. No other makeup is allowed.

Hair

- Hair is to be neat and well groomed. No extreme hairstyles (including faux hawks, Mohawks, feathers, non-natural hair colors, colored extensions, or other trends) are allowed.

Shoes

- Shoes (with closed toe and heel) must be worn at all times.
- Boots and sandals are not permitted. (Boots may be worn to and from school during the winter months and stored in the main office.)
- Additional footwear trends will be addressed on a case by case basis.

Physical Education Attire

- Students in P.E. **are required** to wear a Regis or Xavier t-shirt during PE Class.
- Students in P.E. **are required** to purchase Regis PE gym shorts for use during gym class.
- Students may purchase Regis Fitness & Wellness wear from school or through the online store.

Spirit Days

- The first Friday of each month will be a Spirit Day.
- Students may wear shirts, t-shirts or sweatshirts that read either "Regis" or "Xavier" (XHS) or have the Xavier Catholic Schools logos with either jeans or loose fitting athletic pants or sweatpants (no leggings/yoga pants allowed).
- During designated shorts or capris months, students may wear shorts or capris of appropriate length.
- Jeans or pants must be free of holes, rips, or tears.
- Students who choose not to wear Regis or Xavier wear should be in dress code.

Casual Days

- The last Friday of the Month will be designated as a Casual Day.
- Students may wear school appropriate shirts, t-shirts, sweatshirts with either jeans or loose fitting athletic pants or sweatpants (no leggings/yoga pants allowed).
- During designated shorts or capris months, students may wear shorts or capris of appropriate length
- Jeans or pants must be free of holes, rips, or tears.

Dress Up Days, Concert Wear, or Formal Events

- Skirts or dresses (measured by four fingers width above the knee).
- Skirts or dresses above the knee must be worn with nylons, tights or leggings.
- Shoulders must be covered.
- Christian modesty both in the hemline and neckline (tightness).
- Heels should be no higher than two inches.

Penalties

- Students will receive demerits from staff members for dress code violations.
- See Demerits for further information.