

The Royal Herald
A Weekly Newsletter for Regis Families
March 1, 2019

Regis Parent Teacher Conferences Start Next Week

Spring Conferences are coming up! Regis Spring Conferences are a “drop in” style event in which our teachers will all be set up at tables in the Gym and parents are welcome to come to visit with each of the teachers as needed or desired. This is a more “casual” conference and parents are welcome to bring their students along if they’d like. Here are the upcoming dates and times for conferences:

Thursday, March 7th 3:30 - 8 pm

Wednesday, March 13th 3:30 - 6:30 pm

Please be sure to check in at the main desk to pick up a name tag on your way in.

**Volunteers are needed to provide delicious food and treats during Parent Teacher Conferences for our dedicated, hard working teachers! Please click [HERE](#) to sign up. Thank you!

Time to Register for Regis 2019-20!

Many thanks to everyone who has taken care of registering their student at Regis for the 2019-20 school year. If you haven’t yet done so, please take care of the “Enrollment Commitment” process by completing the following steps:

- A. Complete the Enrollment Commitment Form in its entirety -- click [HERE](#).
- B. Submit a \$50 Non-Refundable Deposit per child by **March 8th** to the Regis Main Office/Attention Mary Carey.

This \$50 Deposit is applied directly to your child’s tuition for the 2019-20 school year.

If you have any questions about the Enrollment Commitment process please contact Dianne Clarke at dclarke@regisroyals.org or 363-1968.

Financial Aid Applications Are Now Available

Applications for Financial Aid for the upcoming 2019-20 school year are now available. Financial aid will be available to families through the Archdiocesan STO Fund and/or Regis Local Tuition Assistance. The application process will be completed through FACTS at www.online.factsmgmt.com/aid. The application must be completed by April 15, 2019; applicants will be required to submit tax documents for the 2018 tax year. *To allow time for verification of documents by FACTS, please try to have your application submitted, with all of the required documents, by April 1, 2019.* Additional information is available on the Regis website at

http://regisroyals.org/?page_id=328. Please contact Mary Carey, mcarey@regisroyals.org, in the Business Office if you have any questions or concerns.

Ash Wednesday Next Week - March 6th

Ash Wednesday is coming up next week on **March 6th**. Our Ash Wednesday Liturgy will be at 1:30 pm. Please note that due to the afternoon Liturgy time, we will NOT run Exploratory classes that day. Also, note that Ash Wednesday is a day of both FAST and ABSTINENCE. That means that not only do we refrain from eating meat (as we do on all Fridays in Lent), but we also need to not eat between meals. That means that we will NOT offer ala carte next Wednesday to students. It also means that we should be conscious of what we consume. For your information, here is [some guidance on days of fast and abstinence](#).

Fat Tuesday Student Council Bake Sale

Celebrate Fat Tuesday by enjoying some fun treats, **March 5th**. Student Council will host a bake sale from 3-3:30pm in the Regis Gym. Everything will be \$1 and there will be gluten free options.

Pi Day March 14th

Pi Day is quickly approaching. This year, the Regis Mathematics Department will be celebrating on **Thursday, March 14th**. This is also the day of the Show Choir and Jazz Band Tour, but have no fear, all students will be able to enjoy the pie! We are looking for your help to provide the supplies for this wonderful and highly anticipated day at Regis. If you would like to help with this event please click on the grade level below to sign up:

[6th Grade](#)

[7th Grade](#)

[8th Grade](#)

Please bring all supplies to your child's math classroom and if you need to leave it in the main office, please make sure you label it with their teacher's name. Thank you for your consideration and willingness to help out! ~ Mrs Cummings, Ms Rowan, Mrs VanderLinden

Rock The Bleachers With Us at Royal T Night 2019 -- Friday, April 5th!

WHAT: **ROCK THE BLEACHERS** at Royal T Night! A fun, adult-only, casual evening of great food and drink, silent and live auctions, raffles, games and fellowship with the Regis community.

WHEN: **Friday, April 5th, 6:30 pm**

FOR: To fundraise for new gymnasium bleachers! Current bleachers are original to when the building opened in 1958. These upgrades will modernize the Richard J. Breitbach Gymnasium and will provide seating that is safer and easier to access with aisles and railings.

How can YOU help?

- Be a Royal T Night Sponsor! Sponsorship has its privileges (event tickets, promotional perks, etc).
- Donate an item to the live or silent auction. Do you have a vacation home or condo that you could part with for a long weekend or a week? Does your business provide a valued service that may be of interest? Does your family have tickets to “the big game” or a suite that could be shared? Please prayerfully consider making a donation to Regis Royal T Night as a way to contribute to this great event!
- Make a cash donation. Every bit helps and every bit is greatly appreciated!
- Interested in a piece of Regis History? Then sign up to purchase a portion of the wood from the current bleachers!
- Get your tickets to ROCK THE BLEACHERS with us at Royal T Night on April 5th!

If you have any questions about how you can help, contact Dianne Clarke at dclarke@regisroyals.org.

Great job Royals!

Congratulations Regis Show Choirs! Congratulations to Radiance and Eclipse show choirs on great performances at Marion Masquerade last Friday. Radiance placed First in the Prep Division and Eclipse placed 4th in the Open Class! Both Radiance and Eclipse will be in competition at Xavier Xtravaganza tomorrow, Saturday, March 2nd -- Radiance performs at 10:05 am and Eclipse at 12:45 pm. Good luck Radiance and Eclipse!



Band News: Jazz Band One (pictured left) performed at the Coe College Jazz Summit on February 21st and received an outstanding clinic from the judges. Congratulations to all Jazz Band One members!

Large Group Band Festival: Good luck to our 6th, 7th, and 8th Grade Bands as they travel to Lisbon on Wednesday, March 6th, to perform at Large Group Band Festival! 7th/8th Grade Combined

Band will perform for judges at 9:30 am, and 6th Grade Band at 10 am. Dress for this event is regular school dress code. This event is free and open to the public. Students will return to Regis for school lunch.



Great Job Regis Speech Team! Thursday at Xavier High School, twenty-three of our seventh and eighth grade students performed at Xavier's annual Speech Festival. These students joined seventh and eighth graders from LaSalle and St. Joseph and performed

ensemble acts, monologues, and improv skits. They all did a wonderful job. It was a great way to end their speech season. Both Mrs. Henley and Mrs. Lee were very proud.

Hearing Screening at Regis

Grant Wood AEA will be providing their annual hearing screening at Regis **Monday, April 8th**. Students at Regis are tested only if there is a known history of hearing loss or if the student is new to the Grant Wood district. If your student does not meet this criteria and you have hearing concerns, please contact Cassie Wessels, School Nurse, by email cwessels@regisroyals.org to request a screening. ***If your child is currently scheduled for screening, an email has already been sent to you.***

Supplies Needed

General Music is in need of supplies for their next unit. We are in need of empty tissue boxes, rubber bands, dry beans, rice, toilet paper rolls, tape (packing, duct tape), fishing line, smoothie straws, plates, and empty milk jugs. Any supplies can be brought to the choir room. Thank you!

Order Your Yearbook Now!

The Yearbook link has been activated! You can now order a Yearbook online via the link on the Regis homepage or by clicking [HERE](#). Give your future grandchildren a priceless gift: the opportunity to see what their parents looked like when they were adolescents! Guaranteed hilarity will ensue! Yearbooks are in color, hardbound, and totally created by Regis students, with minimal oversight by a "responsible" adult who prefers to remain nameless but her initials are NJ.

Transportation Reimbursement Reminders

Second-semester non-public transportation reimbursement forms for the area school districts are due **May 1st**. Click the district in which you live to find the form you need to submit. Cedar Rapids school district forms need to be turned in to the Regis office by April 29th. Contact Dianne Clarke at dclarke@regisroyals.org if you have any questions.

[Cedar Rapids Community School District](#)

[College Community School District](#)

[Linn Mar Community School District](#)

[Marion Community School District](#)

Hy-Vee Receipts and Box Tops

Just a quick reminder to continue to turn in your Hy-Vee grocery, gas, and drug store receipts as well as any Box Tops for Education you may have. All of these items help earn money for Regis, and your support is greatly appreciated.

2019-2020 Xavier Cheerleading Information

Students who will be enrolled at Xavier next year and are interested in trying out for cheerleading for the 2019-2020 school year should plan on attending the following workshops & tryout:

- Parent Meeting – March 4th at 5 pm
- Cheer Workshop – March 11th from 3-5 pm
- Cheer Workshop – March 12th from 3-5 pm
- Cheer Tryouts – March 13th beginning at 3 pm

All cheerleading workshops/tryouts will be held in Xavier's main gym or practice gym.

The parent meeting for all interested in trying out for 2019-2020 Xavier cheerleading squads will be held at 5 pm in the Schubert Commons at Xavier on Monday, March 4th (at least one parent is strongly encouraged to attend). This meeting should last about 30 minutes. If at least one parent is unable to attend this meeting, please contact XHS cheerleading moderator, Erica Rheinschmidt, and information shared at the meeting will be emailed to the parent(s).

Please contact Erica Rheinschmidt (XHS Cheerleading Moderator) with any questions. erica.rheinschmidt@xaviersaints.org. Click [HERE](#) for more information.

St. Matthew Mardi Gras – March 2, 2019

Get your ticket online today! Join us at this year's St. Matthew Mardi Gras event at Elmcrest Country Club on Saturday, March 2, 2019, from 6:00 PM to Midnight. The event will include a Live and Silent Auction, Raffle and Cajun Cash, Pick-A-Pack and Pick-A-Cork, and more! All profits will go toward various projects to beautify the St. Matthew Community. Purchase your event tickets, raffle tickets and sponsorships TODAY on our website at charityauction.bid/mardigras2019.

NEW for 2019! Can't make this year's event but have your eye on something? Once you register and receive a bid number for FREE, you can bid on silent auction items from the mobile app or by text bidding! The auction will open on March 1.

Contact Lauren Shovein or Laura Lipinski at mardigras@stmatthewcr.org for questions. Thank you for your support of the St. Matthew Community!

Regis Pro-Life Exploratory Class Projects

The Regis Pro-Life Service Exploratory Class has two projects coming up in the next two weeks. The students in the class have decided to focus on respect for people with disabilities. With this in mind, please prayerfully consider helping with each of the following:

Spread the Word to End the Word - Over the next two weeks, the students in this class will be promoting "Spread the Word to End the Word" (with the understanding that "the word" is the "r-word"). The group will be showing a video to homeroom classes and talking about compassion and inclusiveness. How can you help? Talk to your children about never using words that demean or insult, particularly the "r-word." Be sure to model these behaviors at home.

Camp Courageous Donations - The group is collecting items to donate to Camp Courageous. Items that they are collecting include: Power Towels, paper plates, cups, bowls, napkins, toilet paper, loose leaf paper and batteries of all kinds. Please consider sending in items to the Main Office.

Pray For Life Saturdays

Join all Cedar Rapids Catholic parishes in defending the unborn. Pray for the conversion of hearts every Saturday outside of the Planned Parenthood Clinic from 10 - 11 am under the protection of Our Lady of Guadalupe. Victory for Our Lady. Victory for Life. Thank you for your support! Contact Natalie at (563) 663-7558 with any questions.

Metro Catholic Outreach (MCO) Update

This week MCO was able to serve over 360 people from 120 families. Items we are running low on include single-serve protein items-Hormel Compleats, small cans of meat, ravioli, peanut butter, etc. and during these cold months, men's gloves/mittens. Consider a donation of gloves/mittens, hats, or scarves while our winter weather continues. We can always use: Peanut Butter, **Canned Meat products, Stew, Chili**, Pasta Sauce & Tomato Products, **Canned Fruit!**, Pork & Beans or Canned Beans, **Potatoes** (fresh or boxed), **Helper Meals**, Rice products, **Mac & Cheese**, Crackers, **Pancake Mix**, Syrup, single-serve canned stew, Compleats, peanut butter, **toilet paper** & other paper products, small/trial sized (hotel) shampoo/conditioner, soap, lotion, etc., dental care items-toothbrushes, toothpaste, floss, full-size personal care products (for larger families), laundry detergent (pods are very useful!) & cleaning products. **If you wish to donate to MCO you may take your donations directly to them at 420 6th Street SE, #120, Cedar Rapids.**

Activities Update

Spring Sports Opportunities

Students signed up for the upcoming spring sports during lunch this week. Girls tennis, boys soccer and boys and girls track practices will begin the week after spring break. If your child is interested and hasn't signed up yet, please have them stop by the main office or contact Mrs. Chute at tchute@regisroyals.org.

Wrestling Scores

Regis/LaSalle vs Prairie & SE 26 wins & 37 loses (team score of 141-186)

Regis/LaSalle vs Roosevelt & NW 34 wins & 16 loses (team score of 192-83)

Regis/LaSalle vs Harding & NC 38 wins & 15 loses (team score of 213-84)

Regis/LaSalle vs Linn-Mar & Taft 29 wins & 23 loses (team score of 160-122)

On the Radar

Saturday, March 2

- Xavier Xtravaganza -- Radiance and Eclipse Show Choirs

Monday, March 4 (Day 2)

- Will Vocals Rehearsal 7:15 am
- Musical Rehearsal - **3:15-5 pm**
- Show Choir Finale Night **6:30 pm**

Tuesday, March 5 (Day 3)

- Student Council Fat Tuesday Bake Sale **3 pm**
- Jazz Band One Rehearsal **3-3:45 pm**
- Boys Wrestling @ Harding **3:30 pm**
- Musical Rehearsal **3:45 - 5:30 pm**

Wednesday, March 6 (Day 4)

- Ash Wednesday
- Large Group Band Festival in Lisbon
- Ado Annie Vocal Rehearsals **7:15 am**
- Ash Wednesday Liturgy **1:30 pm**
- Musical Rehearsal **3:15-5 pm**

Thursday, March 7 (Day 5)

- Eclipse Show Choir Rehearsal **7 am**
- Boys Wrestling vs. Roosevelt & Wilson @ LaSalle **3:30 pm**
- Parent Teacher Conferences **3:30 - 8 pm**
- Musical Rehearsal **3:45-4:30 pm**

Friday, March 8 (Day 6)

- Vocations Speaker (8th Grade)
- Jazz Band One Rehearsal **7 am**
- Vocal Rehearsal **7:15 am**
- Art Palette **3-4 pm**
- Musical Rehearsal **3:15-5pm**