

The Royal Herald
A Weekly Newsletter for Regis Families
December 21st, 2018

THANK YOU and Merry Christmas Wishes!

Many thanks to the Santa's Little Elves who provided some extra Christmas blessings to our teachers and staff. Your generosity has made this Christmas a little merrier so THANK YOU!

On behalf of the entire Regis Middle School faculty and staff, we pray you have a very safe and relaxing Christmas break. **Our offices and school will be closed from now until classes resume on Thursday, January 3rd.** We would like to wish you and your family a very Merry Christmas and many blessings in 2019!

Congrats to Regis Students

This year the Archdiocese of Dubuque is holding a Middle School Religion Bee. Earlier this month, all students in grades 6-8 took a written test and each grade had four students selected to participate in our school wide bee. Congratulations to all of our Regis School Finalists!

Religion Bee Participants -- 6th Grade: Quinlan Akin, Gavin Miller, Austin Schechinger, Jack Giurato. 7th Grade: Ellie Renze, Nate Selensky, Emma VonKampen, Davis Robe. 8th Grade: Kyla Mason, Eli Koopmann, Henry Eipert, LuciAnne Nguyen.

Band Students: Congratulations to the following band students on their selection to the Marion Honor Band to be held Saturday, January 19th!

6th Grade: Aaron Stadelmann, alto saxophone; Alex Conrad, trombone

7th Grade: Brooke Bowersox, clarinet; Ellie Renze, trumpet

8th Grade: Gus Bates, percussion



FTC: The Regis Royals FTC Team competed on Tuesday at the National Czech Museum. The team placed 9th and overall are in 7th place in the Sagan league. We thank our mentor team from Xavier, who took 1st in the league while helping us learn all season long. We appreciate their time and hard work this year with helping build our programming and building skills. The Regis Royals next competition is Saturday, January 5th at Denver Community Schools in Denver, Iowa beginning at 8 am.

Iowa Assessments Results

Iowa Assessments went home with students on Thursday. If you have not seen your student's Iowa Assessment scores please check with your student. If for some reason, your student didn't receive them, please check with their 8th hour teacher.

“Try Choir” Week **January 7-11**

Students are invited to try choir for a week. Signing up does not mean they are officially registered for choir. After a full week of attending choir, they are able to decide if they would like to officially join. The schedule for the week is as follows:

January 7- Day 3 Boys Choir- any boys not in band, attend choir

January 8- Day 4 All Choir- boys and girls attend choir

January 9- Day 5 Girls Choir- any girls not in band, attend choir

January 10- Day 6 All Choir

January 11- Day 1 No Choir

Choir Expectations: It is expected that students sing in choir. It is also expected that students conduct themselves with respectful and responsible behavior.

Students will receive a copy of the choir handbook that includes time commitment, grading policy and further expectations.

To sign up for the week, click on the following links:

[6th Grade Choir](#)

[7th Grade Choir](#)

[8th Grade Choir](#)

Mrs. DeWit to Present at National Conference

Congratulations to Mrs. Merri Lea DeWit for being selected to present at the prestigious ISTE Conference during the summer of 2019. ISTE stands for International Society of Technology Educators. Last year there were 18,500 educators from all 50 states and 87 countries. There were 2,860 presenters. This will be Mrs. DeWit's second year presenting and her sixth year attending. Last year there were 3,380 proposals for presentations and 1,003 were accepted. About 1/3 of the total submitted. Mrs. DeWit's presentation will be called Speed "dating" for doodlers and sketchers. It is all about using visual art to represent learning in the classroom. Congratulations to Mrs. DeWit!

Yearbook News!

Do you have a camera? Are you unafraid to use it? Have you attended any Regis activities in the past or plan to attend some in the future? Then the yearbook crew needs your help! You can upload photos directly to the yearbook website or send them to Nancy Johnson at njohnson@regisroyals.org. The crew is particularly interested in any photos of sporting events from the past and future as well as any show choir competitions that will be happening in the

future. The yearbook site can be found by clicking on the yearbook link on the Regis web page. While there you can order your 2018-19 yearbook if you haven't already!

Do You Know a Current 5th Grader and Their Family? Ask them to SAVE THE DATE for Explore Regis January 26th!

Mark **9-11 am, Saturday, Jan. 26th** on your calendars for Explore Regis! Current fifth grade students and their families will have a chance to learn about all the wonderful opportunities Regis offers and will meet Regis students, fellow parents and our dedicated teachers and staff. Click [HERE](#) to RSVP for Explore Regis 2019!

Student Illness Guidance for Parents

As many of you are aware, a gastrointestinal virus has hit our area, and Regis is not immune to this outbreak. We would like to share some advice and guidance related to student illnesses.

- After exposure to a gastrointestinal virus, it may take 1-2 days for symptoms to develop.
- The highest period of contagiousness is during the acute stage of abdominal cramping, vomiting and/or diarrhea.
- The Regis Student Handbook policy states "**A child must be free of a fever, vomiting or diarrhea for 24 hours before returning to school.**" This also means without benefit of medication.
- While we understand that there is a burden that comes with keeping a student home for an extended period, please note that keeping your child home until symptom free for 24 hours will assist in minimizing the spread of illness.
- Promote hand washing after toileting and prior to meals. Soap and water is preferred, but hand sanitizer may be used.
- Clean and disinfect objects and surfaces that are frequently touched. Using bleach wipes on door knobs, desks, keyboards, faucet handles, etc. daily.
- In order for a student to be eligible to participate in practices or activities, the student must be present in four out of eight periods (half of the day) for participation. If, however, the absence is illness related please keep your student home. We strongly advise against "pushing it" if they are not well, it's best to rest and focus their efforts on academic make ups. We find that when students return before they have recuperated, they often go on to miss another day of school due to illness and spread their illness to others, as well.

We do our best to monitor absences in order to respond to health-related issues and would appreciate your help by having you include symptoms when reporting your student's absence. We thank you in advance for sharing this information with our attendance secretaries. If your student is absent for consecutive days, we ask that you contact Regis **DAILY** with an update. You may communicate illness-related absences by emailing Regis at attendance@regisroyals.org.

Just a reminder that if students express concern about returning to school before being symptom-free for 24 hours, please reiterate the importance for them to stay home to prevent spreading illness to their peers and school staff.

Notice of Free or Reduced Meals Applications Available Now

Parents: All districts or schools are required to notify parents or guardians of the availability of applications for free or reduced priced meals twice during the school year. This serves as the second notice for the 2018-19 school year. If you feel you are eligible, please fill out this application found [HERE](#) and return to Nann Canfield at ncannfield@regisroyals.org or drop it off at the Regis Main Office. Please contact Mrs. Canfield if you have any questions, 319-363-1968. **Please note:** If you are currently receiving free or reduced priced lunches-do nothing. They will continue as they are.

Hy Vee Receipts & Box Tops

With holiday shopping underway be sure to keep an eye out for those Box Tops on the products you buy and hang on to all of your Cedar Rapids/Marion Hy Vee Grocery Store, Drug Store, and Gas Station receipts! We collect them all and each program helps Regis. Please make sure the receipts are dated starting April 1, 2018 and going through March 30, 2019. Thank you!

Help Wanted: Positions Available at Regis

After School Bus Driver: Do you enjoy driving and want to work a few hours a week? Regis is currently seeking a part-time bus driver for after-school activities. Driving time is variable and will be in the Cedar Rapids/Marion area with occasional trips to Iowa City/Coralville. This position also would include some hours each month for maintaining the buses. Potential drivers should have a valid Class CDL license with passenger and air brake endorsements. If interested please contact Tracie Chute at tchute@regisroyals.org.

Dancing with the Saints!

Dancing with the Saints is back for its fourth season! Ten dancing "stars" from our Catholic school community are competing for your vote via an online donation. The couple with the highest total of voting donations between now and the Dancing with the Saints live event on January 19th will be crowned our "People's Choice" Champion! All proceeds from this event are supplementing the Xavier High School tuition assistance program and will be used to enhance XHS teacher/staff compensation. Vote today for your favorite stars at <https://www.xaversaints.org/dwts/>. Thank you for your support!

Athletic Results:

Girls Basketball

7th Grade vs. Taft

A game: Regis 36 Taft 11

B game: Regis 22 Taft 14

Boys Swim Meet vs. Taft/Wilson & Roosevelt

The Regis swim team won again yesterday against Taft/Wilson Roosevelt. Congratulations to our swimmers; Joe Semelroth, Cater Walton, Seth Williams, Matthew Burger, Ben Pfab & Ethan Prentice.

On the Radar

Monday, December 24 - Tuesday, January 1

- Christmas Break -- No School

Tuesday, December 25th

- **CHRISTMAS!**

Tuesday, January 1

- Holy Day of Obligation - Solemnity of Mary, Mother of God
 - See your home parish for Mass Times on Holy Days!

Wednesday, January 2

- Teacher In-Service - No School

Thursday, January 3 (Day 1)

- Classes Resume
- Eclipse Show Choir Rehearsal **7 am**
- FTC Practice **7 am**

Friday, January 4 (Day 2)

- Spirit Day
- First Friday Liturgy **7 am**
- Jazz Band One Practice **7 am**
- Art Palette **3-4 pm**

Saturday, January 5

- Eclipse Show Choir Rehearsal **Noon - 4 pm**