

The Royal Herald
A Weekly Newsletter for Regis Families
December 14th, 2018

“Santa’s Little Elves” Christmas Gift for Teachers and Staff -- DEADLINE EXTENDED!

In case you missed it, we’re extending our deadline to donate to the “Santa’s Little Elves” Christmas Gift for Regis teachers and staff to **Tuesday, December 18th**. This is an easy and stress-free way of recognizing your child’s teachers and the Regis staff who serve your student on a daily basis. Just drop off your monetary gift at the Main Office to help purchase a gift card for teachers and staff. We will collect the names of those who have contributed and include those names on the note to the teachers. Thank you for considering a contribution!

Congratulations on a Wonderful Regis Christmas Concert!

Congratulations goes out to the Regis instrumental and choir students, Mrs. Whipple and Ms. Guerpo on an outstanding concert filled with the beautiful sounds of the Christmas season! Thank you for all of your hard work and dedication toward the craft of making music.

Seventh Grade - STEM II Field Trip - Monday December 17th

Seventh Graders have the opportunity to attend the STEM II Conference at the Kirkwood Regional Center in Hiawatha. Students and staff will be bussed over to Kirkwood, leaving school at 9:00 am on Monday and returning at 11:30 am. They will be having lunch back at Regis at 11:41 am. You can find the Seventh Grade schedule for Monday [here](#). **If you have appointments scheduled plan accordingly, students will not be able to be picked from Kirkwood.**

Iowa Assessments - Student Scores

Iowa Assessment test results are in and will be available for pick up in the front office Monday, December 17th at 12:00 pm. Student’s results not picked up will be sent home with students on Thursday, December 20th. A school summary report will be sent out to all families via our “Middle School Monday” Newsletter.

No Liturgy on Wednesday/Prayer Service on Friday

Please note that due to our scheduled prayer service on Friday, Dec. 21st, there will be No Liturgy this coming Wednesday at Regis. Please also note that our prayer service on Friday will be held at an alternate time: 12:45 pm.

Early Dismissal on Friday at 1:20 pm / Christmas Break

On **Friday, December 21st**, Regis will dismiss students at 1:20 pm. As a result, our closing prayer service will take place at 12:45 pm. We encourage our parents to attend the prayer service at 12:45 pm, and if you would like to then take your child home with you following the

prayer service, you are welcome to do so! Our Regis Offices will be CLOSING AT 2 pm on Friday, December 21st and there will be no after school care on Friday so please make arrangements for rides if necessary.

Also note, Regis Middle School is on Christmas break from Monday, Dec. 24th through Tuesday, Jan. 1st. Then, we have Teacher In-Service on Wednesday, Jan. 2nd so that will be an ADDITIONAL day off for your kiddos! Classes resume as normal on Thursday, Jan. 3rd.

Student Illness Guidance for Parents

As many of you are aware, a gastrointestinal virus has hit our area, and Regis is not immune to this outbreak. We would like to share some advice and guidance related to student illnesses.

- After exposure to a gastrointestinal virus, it may take 1-2 days for symptoms to develop.
- The highest period of contagiousness is during the acute stage of abdominal cramping, vomiting and/or diarrhea.
- The Regis Student Handbook policy states “**A child must be free of a fever, vomiting or diarrhea for 24 hours before returning to school.**” This also means without benefit of medication.
- While we understand that there is a burden that comes with keeping a student home for an extended period, please note that keeping your child home until symptom free for 24 hours will assist in minimizing the spread of illness.
- Promote hand washing after toileting and prior to meals. Soap and water is preferred, but hand sanitizer may be used.
- Clean and disinfect objects and surfaces that are frequently touched. Using bleach wipes on door knobs, desks, keyboards, faucet handles, etc. daily.
- In order for a student to be eligible to participate in practices or activities, the student must be present in four out of eight periods (half of the day) for participation. If, however, the absence is illness related please keep your student home. We strongly advise against “pushing it” if they are not well, it’s best to rest and focus their efforts on academic make ups. We find that when students return before they have recuperated, they often go on to miss another day of school due to illness and spread their illness to others, as well.

We do our best to monitor absences in order to respond to health-related issues and would appreciate your help by having you include symptoms when reporting your student’s absence. We thank you in advance for sharing this information with our attendance secretaries. If your student is absent for consecutive days, we ask that you contact Regis **DAILY** with an update. You may communicate illness-related absences by emailing Regis at attendance@regisroyals.org.

Just a reminder that if students express concern about returning to school before being symptom-free for 24 hours, please reiterate the importance for them to stay home to prevent spreading illness to their peers and school staff.

Notice of Free or Reduced Meals Applications Available Now

Parents: All districts or schools are required to notify parents or guardians of the availability of applications for free or reduced priced meals twice during the school year. This serves as the second notice for the 2018-19 school year. If you feel you are eligible, please fill out this application found [HERE](#) and return to Nann Canfield at ncannfield@regisroyals.org or drop it off at the Regis Main Office. Please contact Mrs. Canfield if you have any questions, 319-363-1968. **Please note:** If you are currently receiving free or reduced priced lunches-do nothing. They will continue as they are.

Tell Your Family & Friends with 5th Graders to **SAVE THE DATE for Explore Regis!**

Mark **9-11 am, Saturday, Jan. 26th** on your calendars for Explore Regis! Current fifth grade students and their families will have a chance to learn about all the wonderful opportunities Regis offers and will meet Regis students, fellow parents and our dedicated teachers and staff. More information will be coming soon, so for now SAVE THE DATE -- January 26th!

Hy Vee Receipts & Box Tops

With holiday shopping underway be sure to keep an eye out for those Box Tops on the products you buy and hang on to all of your Cedar Rapids/Marion Hy Vee Grocery Store, Drug Store, and Gas Station receipts! We collect them all and each program helps Regis. Thank you!

Help Wanted: Positions Available at Regis

After School Bus Driver: Do you enjoy driving and want to work a few hours a week? Regis is currently seeking a part-time bus driver for after-school activities. Driving time is variable and will be in the Cedar Rapids/Marion area with occasional trips to Iowa City/Coralville. This position also would include some hours each month for maintaining the buses. Potential drivers should have a valid Class CDL license with passenger and air brake endorsements. If interested please contact Tracie Chute at tchute@regisroyals.org.

Dancing with the Saints!

Dancing with the Saints is back for its fourth season! Ten dancing "stars" from our Catholic school community are competing for your vote via an online donation. The couple with the highest total of voting donations between now and the Dancing with the Saints live event on January 19th will be crowned our "People's Choice" Champion! All proceeds from this event are supplementing the Xavier High School tuition assistance program and will be used to enhance XHS teacher/staff compensation. Vote today for your favorite stars at <https://www.xaviersaints.org/dwts/>. Thank you for your support!

Saints Baseball 2019 Registration Open

Saints Baseball serves the Catholic Community by providing competitive and recreational baseball for boys ages 6-14. Why Saints Baseball? Joining Saints Baseball is a great opportunity for your child to grow as a player while focusing on individual skills and teamwork. The teams will have access to nine ball diamonds located at various Catholic churches and

schools. The teams also have access to a great indoor facility called St. Rita's year-round, pictures are **available on our website**. Registration for the 2019 Season is now open for all age groups. We have extended our deadline. If you want to register your son please go online to:

<http://www.teampages.com/teams/845939-Cedar-Rapids-Saint-Baseball-baseball-team-website>

Then Click on "Saints Baseball Registration Link".

Voices Needed for St. Matthew's Jubilation

Calling all middle school St. Matthew Jubilation choir alumni! St. Matthew Music Director, Andrew Kreigh, along with Ms. Wareham and Mrs. Bates (Gus's mom), invite you to come to sing with the Jubilation choir at the 4 pm Christmas Eve Mass. If you are interested, practice for Mass is tentatively scheduled for Wednesdays, 5 - 6:30 pm (this is tentative and if enough people are interested but cannot attend at this time, we can find an alternative practice time!). If you are interested or have questions regarding this, please contact Mrs. Bates (email at collette@troybates.com; phone/text is 309-313-2146). I look forward to hearing from you and hearing your wonderful voices!

St. Elizabeth Ann Seton Families

St. Elizabeth Ann Seton will have a children's choir at the 5 pm Christmas Eve Mass. All children from 2nd grade through middle school are invited to join in the choir. There will be one rehearsal - Saturday, Dec. 22nd, 9-10:30 am in the sanctuary. If your child cannot attend the rehearsal but still wishes to participate, please let us know. We will also rehearse before Mass on Christmas Eve at 3:45 pm. Please contact Mark and/or Anna Zittergruen at markzitt@gmail.com or 447-2090 if interested or if you have questions.

Metro Catholic Outreach Update

Christmas Break- MCO Pantry & Offices are CLOSED December 21 through January 1st. MCO is serving almost 300 people from 137 families this week. **Homeless person bags-**As we've seen an increasing number of homeless or near homeless people come into our office for help, we have been making up single bags with easy to eat (not needing cooking) food items & other helpful items we have on hand. We do not purchase specific items for these bags, but glean appropriate items donated to the pantry (small pull-top cans, plastic spoons, etc.). We allow people to pick up one of these bags up to once/week. *If you would like to donate some items for our homeless bags, here are some suggested food items, if you are able to donate to our pantry: Single Serving foods, Pull tab cans/openable packages (no can opener needed), Cereal good w/o milk, Pork N Beans, Spaghettios/Raviolios, Beef Stew, Vienna sausages, etc., "Compleats" trays (Hormel), Small Peanut Butter, Jerky or meat snack sticks, Applesauce, fruit cups, pudding cups, Individual cereal boxes, Granola or breakfast bars, Nutritional drinks (Ensure, etc.), Pop Tarts, Cookies, Fruit snacks, Condiments, Bottle of water. We are very grateful for your help as we assist as many families as we can during the holiday season. **The items you donate should be taken directly to Metro Catholic Outreach at 420 6th Street SE, #120, Cedar Rapids. .**

Athletic Results

Congratulations goes out to our boys swim team for their win over Roosevelt/Taft/Wilson and

McKinley/Franklin teams last night at Jefferson High School.

On the Radar

Monday, December 17 (Day 2)

- 7th Grade STEM II Conference @ Kirkwood Business Center **9-11:00 am**
- Eclipse Vocal Rehearsal **2:50 pm**

Tuesday, December 18 (Day 3)

- Radiance Show Choir Rehearsal **7 am**
- Jazz Band One Practice **3-3:45 pm**
- Girls Basketball Pictures **3-4 pm**
- FTC Competition @ National Czech Museum **3:30 pm**
- Regis Board of Education Meeting **7 pm**

Wednesday, December 19 (Day 4)

- Intro to Jazz Band **3 pm**
- FTC Practice **3 pm**

Thursday, December 20 (Day 5)

- Eclipse Show Choir Rehearsal **7 am**
- FTC Practice **7 am**
- Boys Swimming vs. Taft/Roosevelt/Wilson @ Kennedy **3:30 pm**
- 7th Girls Basketball vs. Taft **3:30 pm**
- 8th Girls Basketball @ Taft **3:30 pm**

Friday, December 21 (Day 6)

- Casual Day
- Jazz Band One **7 am**
- 6th Grade Band/Choir Tour of Elementary Schools
- Prayer Service **12:45 pm**
- Early Dismissal **1:20 pm**

Monday, Dec. 24 - Tuesday, January 1

- Christmas Break

Wednesday, January 2

- No School - Teacher In-Service

Thursday, January 3 (Day 1)

- Classes Resume