

# October Lunch Menu

All items on menu are Baked and not fried.

Fresh vegetables are available every day.

Salad bar offered as An entrée unless Specified.

All bread served is whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
10/1/18	10/2/18	10/3/18	10/4/18	10/5/18
Italian Dip its W/Marinara cup Green Beans Applesauce cups Milk  CANADIAN BAC SUB-TURKEY	Popcorn Chicken Scooby Grahams Orange wedges Baby Carrots Milk  PEPPERONI PIZZ ITAL COMBO SU	WG Chicken Patty WG Bun Gold Fish Apple slices Baked Beans Milk SAUSAGE PIZZA HAM SUB	Walking Tacos Corn Diced Peaches Blk Bean Salsa Milk  MEAT LVRS PIZZA HOT BEEF SUB	BBQ Riblet On WG Bun Sun Chips Strawberry cups Cauliflower dippers Milk CHEESE PIZZA TURKEY SUB
10/8/18	10/9/18	10/10/18	10/11/18	10/12/18
NO SCHOOL	<i>Leftover fruit will be offered next day as a 2<sup>nd</sup> fruit choice.</i>  NO SCHOOL	French Toast Lite Syrup Sausage links Fruit Juice Mand. Oranges Milk SAUSAGE PIZZA HAM SUB	Soft tacos Chicken/Taco Meat Refried Beans Blk Bean salsa Diced Pears Milk MEAT LVRS PIZZA MEAT BALL SUB	WG Chicken Strip Rollups Broccoli/Cauliflowr Applesauce cups Fritos Milk CHEESE PIZZA TURKEY SUB
10/15/18	10/16/18	10/17/18	10/18/18	10/19/18
BBQ Pulled Pork WG Pretzel Bun Gold Fish Baked Beans Orange slices Milk CANADIAN BAC SUB-TURKEY	Mandarin Chicken Brown Rice Oriental Veggies Pineapple Milk  PEPPERONI ITALIAN COMBO	Italian sloppy Joes W/WG Garlic toast Green Beans Diced Peaches Milk  SAUSAGE HAM	Taco Nachos Taco Meat/Cheese Corn Diced Pears Blk Bean Salsa Milk MEAT LOVERS PHILLY STEAK SUB	Tenderloin WG bun Sweet Potato fries Fruit Cocktail Baked Beans Milk CHEESE PIZZA TURKEY SUB
10/22/18	10/23/18	10/24/18	10/25/18	10/26/18
All Beef Hot Dogs WG Bun Chili Spicy Fries Apple Slices Milk CANADIAN BAC SUB-TURKEY	Chicken Nuggets Scooby Grahams Kiwi Baby Carrots Milk  PEPPERONI ITALIAN COMBO	Hamburger On WG bun Smile Fries Diced Peaches Cauliflower Dipper Milk SAUSAGE HAM	Taco Salad Black Bean Salsa Refried Beans Fruit Cocktail Milk  MEAT LOVERS SPICY CHICK SUB	NO SCHOOL
10/29/18	10/30/18	10/31/18	11/1/18	11/2/18
WG Chicken Patty WG Bun Gold Fish Strawberry cups Baby carrots  PIZZA-C BACON SUB-TURKEY	Mini Corn Dogs Cheetos Celery Sticks Orange slices Milk  PEPPERONI ITALIAN COMBO	Mozz Cheese Stks Marinara cups Spinach Salad Rspberry Vinagrette Diced Pears Milk SAUSAGE HAM	Walking Tacos Corn Fruit Cocktail Blk Bean Salsa Milk  MEAT LOVERS CHICK PIZZOLA	Fried Chicken Mashed Potatoes Gravy Green Beans Diced Peaches Milk CHEESE TURKEY

This institution is an equal opportunity provider.