

**The Royal Herald**  
**A Weekly Newsletter for Regis Families**  
**September 28th, 2018**

**No Shorts/Capris beginning Oct. 1**

This is just a reminder that starting on Monday, Oct. 1st, students are no longer allowed to wear shorts or capris.

**Casual Day on Monday, Oct. 1 ONLY for Winners of the KaHoot Quiz in Religion!**

Just a note that if your child is in the following classes, they will have a casual dress day on Monday:

Ms. Rowan/Mrs. Globokar's 8th Hour Religion Class

Mrs. Lee's 7th Hour Religion Class

Ms. Jackson's 8th Hour Religion Class

All other students are asked to be in dress code (full length pants included!) on Monday! Best of luck to our students in our next student council competition!

**Fall Play Tryouts October 1-2**

Do you love entertaining people? Are you into being the center of all the action? Then acting is for you! Come join the fun and spread some Christmas joy with us by trying out for the play! Tryouts for **"The Best Christmas Pageant Ever!" by Barbara Robinson** will be next **Monday, Oct. 1**, from 3 until 5 pm in the library. Can't make that one? Never fear, you can come **Tuesday, Oct. 2**, from 3 until 5 pm in the library as well. You only need to attend one and no preparation is required!

**Regis Welcomes Singer/Songwriter/Musician Luke Spehar on Wednesday**

This **Wednesday, October 3rd**, Regis students will listen to a speaker and musician named Luke Spehar, who will talk about his "Pilgrimage" as a Catholic. He will present at 9 am in the Gym and will then lead us in Liturgical Music during Liturgy at 10 am. ALL are welcome to attend both events! Here is some info on Mr. Spehar:

*Luke Spehar is a nationally known recording artist and singer/songwriter. Born and raised in Minnesota, Spehar's music reflects the elegant and thoughtful nature of the midwest. Spehar began writing songs at the age of 16 and composed all the music on his debut album, **Be Still**, before he graduated high school. Spehar continued to write throughout his four years at the University of St. Thomas. The songs for his second and third album, **No Other Way** and **All is Gift**, were born during this powerful time of spiritual growth and reflection.*

*Following University, Spehar felt inspired to use his gift of music to participate in the New Evangelization. He began recording and then performing around the country and internationally. After touring with Grammy-Winner Ben Harper, Harper produced Spehar's third album, **All Is Gift** in 2015, the same year Spehar married his wife, Elizabeth. Together with their two young children Jane*

*and Mary, they live in St. Paul, MN. Following a successful crowdfunding campaign, fans are already celebrating Spehar's much anticipated new release, The Pilgrim.*

You can learn more about Luke Spehar by going to his website: <http://www.lukespehar.com/>

### **Luke Spehar CD's, Music, and Shirts Available for Purchase on Wednesday**

Mr. Spehar will also have a table where students will be welcome to purchase some of his items, including his CD's and some apparel. If you want to send money with your child on Wednesday for the purchase of those items, you are welcome to do so. Mr. Spehar has lowered his prices for our Regis students, so please note that if they want to purchase items, pricing (in person on Wednesday) will be as follows:

Albums: \$10 (normally \$15)

T-Shirts: \$20 (normally \$25)

Stickers and Buttons: \$3 or 2 for \$5

### **School Picture Retake Day October 4**

Inter-State Studios will be here **Thursday, Oct. 4** at 8 am to take pictures of any students who were absent on the Aug. 29th picture day and to retake pictures of any student who would like theirs redone. If your student is having their pictures retaken they must return their original portrait package that day. You may also purchase extra photos -- order forms are available in the main office. Please contact Dianne Clarke at [dclarke@regisroyals.org](mailto:dclarke@regisroyals.org) if you have any questions.

### **First Friday Liturgy**

Next **Friday, October 5th** is our "First Friday Liturgy" held in the Regis Chapel at 7 am. Please come join us for Liturgy!

### **Grandparents Day October 12th!**

Save the date for our annual Grandparents Day on **Friday, Oct. 12th!** We will begin the afternoon with tours at 12:30 pm, gather together at 1 pm and participate in a prayer service at 1:30 pm. If you know of a Grandparent or Special Friend who will be attending our prayer service on Friday, October 12th, [please RSVP here with their information.](#)

If you are willing and able to assist with planning, coordinating coffee and cookies, or have ideas for the Grandparents Day prayer service, please email our campus minister Jerica Christensen at [jchristensen@regisroyals.org](mailto:jchristensen@regisroyals.org). We are grateful for the parent support that we've received in the past, and we know that many of you have great ideas for a meaningful activity to celebrate those special people in our children's lives!

### **Mats For The Homeless Plastic Bag Collection**

Thank you so much for the plastic bags that have been donated so far. We still need more so we are extending our donation deadline to **Wednesday, Oct. 10th**. We appreciate your

donation of plastic bags to help us reach our 21,000 bag goal to make mats for those less fortunate to have something to sleep on that protects them from the ground. Thank you for your help!

### **Parent Prayer Groups**

This year at Regis one of our goals is to provide opportunities for parent/guardian faith sharing through parent prayer groups. If you have an interest in being in a prayer group, please e-mail Jerica Christensen at [jchristensen@regisroyals.org](mailto:jchristensen@regisroyals.org)

### **Advanced Absence Forms**

At Regis, we have a quick, easy way for you to report when your student will be absent -- the Advanced Absence Form found at <https://goo.gl/forms/yqFwmRzth2RHn2fc2> or on the Regis website under "forms". You can use this form for reporting many absences, including a doctor's appointment, a day off due to illness, time out of school for a funeral or vacations. When you use this form, notification is sent to the main office and all your student's teachers, so everyone knows when your student will be gone. If you are unable to access this form, you may still contact us via phone or email when your student has to be gone.

### **Co-Curricular Activities Updates**

**Eclipse Show Choir Combo:** We are still needing instrumentalists who play trumpet, trombone, and alto saxophone to participate in the Regis Eclipse Show Choir Combo. For more information about the Eclipse combo click [HERE](#), and if your student would like to sign up they may do so by completing the form found [HERE](#). Thank you for your consideration!

### **Help Wanted: Positions Available at Regis**

**After School Bus Driver:** Do you enjoy driving and want to work a few hours a week? Regis is currently seeking a part-time bus driver for after-school activities. Driving time is variable and will be in the Cedar Rapids/Marion area with occasional trips to Iowa City/Coralville. This position also would include some hours each month for maintaining the buses. Potential drivers should have a valid Class CDL license with passenger and air brake endorsements. If interested please contact Beth Globokar at [bglobokar@regisroyals.org](mailto:bglobokar@regisroyals.org).

### **Spirit Wear Reminder**

If you plan to place a Spirit Wear order, please know orders are due the 25th of each month. They will be delivered 3-4 weeks after closing. You can enter the Regis Apparel Store [HERE](#).

### **"Saint Paint" Reminder!**

Show your Xavier Catholic School spirit with "Saint Paint" from the Xavier Dance Team! The Xavier Dance team will come to your house one weekend during September/October to paint your driveway with the Xavier halo cross logo. The paint is durable and will last up to one year.

All logos will be centered at the end of your driveway and painted navy/silver. The logo size is approximately 2.5 feet wide by 3 feet tall.

There's no better way to show your school spirit than with some Saint Paint from the Xavier Dance Team! Deadline to order is 10/15/18.

For an order form, head to

<https://www.xaviersaints.org/get-your-saint-paint-from-the-xavier-dance-team/>.

## **Upcoming Camps & Clinics at Xavier High School**

**Xavier Girls' Basketball Boosketball Camp:** Girls in Grades K-4 are invited to join the XHS Girls' Basketball team for some Halloween hoops, skills, fun & treats while playing basketball on Saturday, Oct. 20, 2018 from 9:30-11 am at Xavier High School. Cost for this camp is \$30 and includes a t-shirt. Registration deadline is 10/20/18. Sign up at <https://www.xaviersaints.org/camps>.

### **Youth Jam 2018**

Students in grades 6-8 are invited to attend **Youth Jam 2018** on Saturday, October 20, 2 pm - 7:30 pm at Blessed Maria Assunta Middle School in Waterloo. The highlight of the event is a dance party with multi-talented, profession DJ Bill Lage. Lage understands today's youth culture and is -- through his magnetic spirit, deep faith, passion for life and dynamic stage presence -- a valuable personality for a Catholic youth event. Other activities include dinner, hands-on activities, prayer, games, and Mass. Attendees will load a bus at St. Elizabeth Ann Seton at 12:45 pm and return to Cedar Rapids at 8:30 pm. The cost is \$35 for youth, \$16 for adults and is payable to your parish by October 13th. Permission forms are available on the bulletin board outside the Regis Main Office. Click [HERE](#) to see the event flyer.

### **MCO Update**

**NEWS FLASH!** MCO has scheduled the first fundraiser of the year! Please join Metro Catholic Outreach for a fundraising dinner at **Pizza Ranch on October 15 from 4:30-8:30 pm, 2450 Westdale Dr. SW, Cedar Rapids** (near Ladd Library). Percentage of all food sales and donations will go toward MCO food pantry needs.

For the first time in many months, we stopped the food basket sign up (on Tuesday afternoon!) due to a very low food supply. The trend where we have more larger families requesting food, especially the last few weeks of each month, is continuing. Since we give larger families more food, we've run low more quickly than in the past, so your donations of canned food, shelf-stable boxed foods, and personal care/hygiene items are always needed and appreciated at Metro Catholic Outreach. Donate as a family or perhaps organize a neighborhood drive! Items can be delivered directly to Metro Catholic Outreach at 420 6th Street SE, Ste. #120, Cedar Rapids. Thank you for your support!

### **On the Radar**

**Monday, October 1 (Day 2)**

- Mock Trial practice - everyone **7 am**
- Play Tryouts in Regis Library **3-5 pm**
- 7th Grade Volleyball @ Excelsior **3:30 pm**; 8th Grade Volleyball vs. Excelsior **3:30 pm**
- Girls Soccer @ Roosevelt **3:30 pm**

**Tuesday, October 2 (Day 3)**

- Radiance Practice **7 am**
- Mock Trial Practice - all directs & witnesses **7 am**
- Play Tryouts in Regis Library **3-5 pm**
- 8th Grade Football vs. Northwest @ LaSalle **3:30 pm**
- Boys Tennis Team 1 @. Prairie (High School Courts) **3:30 pm**
- Boys Tennis Team 2 @. Prairie Point **3:30 pm**
- Cross Country Meet @ West Delaware **4 pm**
- Mock Trial Practice - everyone **6:30 pm**

**Wednesday, October 3 (Day 4)**

- All School Assembly with Speaker/Singer Luke Spehar **9 am**
- Liturgy **10 am**
- FTC Practice 3-4 pm
- Mock Trial Practice - all openers **3pm**

**Thursday, October 4 (Day 5)**

- Student Picture Retake Day (Bring your photo package with you.)
- Mock Trial Practice - all crosses **7 am**
- Eclipse Rehearsal **7 am**
- FTC Practice **7 am**
- Mock Trial Practice - all closers **3pm**
- 7th Grade Football @ McKinley **3:45 pm**
- 7th Grade Volleyball @ Northwest Junior High **3:30 pm**; 8th Grade Volleyball vs. Northwest **3:30 pm**
- Boys Tennis Team 1 @ McKinley **3:30 pm**; Boys Tennis Team 2 vs. Harding (Noelridge Courts) **3:30 pm**
- Girls Soccer vs. Wilson **3:30 pm**

**Friday, October 5 (Day 6)**

- Spirit Day
- First Friday Liturgy **7 am**
- Art Palette **3-4 pm**

**Saturday, October 6**

- Radiance Practice **8 am - noon**

**Monday & Tuesday, October 8-9**

- NO SCHOOL -- Teacher In-Service