

Grade 1 – 6 Required Health Component Specifications

See page **32** in the Chapter 12 Matrix

- Health must be taught in each grade 1 – 6
- Not all content specifications listed need to be covered at each grade level
- All content specification need to be covered at least once during the grade 1 – 6 timespan

Enter the course/subject in which the component is taught

Component can be taught in more than one grade level

Grade	Personal Health	Food and Nutrition	Environ-mental Health	Safety/ Survival Skills	Consumer Health	Family Life	Substance Abuse and Non-use	Human Sexuality	Emotional and Social Health	Health Resources	Prevention/ Control of Diseases
1	x	x	x	x	x	x	x	x	x	x	x
2	X	X	X	X	X	X	X	X	X	X	X
3	X	X	X	X	X	X	X	X	X	X	X
4	X	X	X	X	X	X	X	X	X	X	X
5	X	X	X	X	X	X	X	X	X	X	X
6	PE/Health Class & Guidance	PE/Health Class	Homeroom Service Project & Science	Camp YAHOO & Safety Drills	JA Economics Financial Lessons	Religion Class (Family Life Unit)	PE/Health Class	Religion Class	Guidance Class	PE/Health /Homeroom	PE/Health Class

1. To include: The effects of alcohol, tobacco, drugs and poisons on the human body
2. To include: Self-esteem, stress management and interpersonal relationships
3. To include: Characteristics of communicable diseases, including acquired immune deficiency syndrome.