

November Lunch Menu

All items on menu are Baked and not fried.

Fresh vegetables are available every day.

Salad bar offered as An entrée unless Specified.

All bread served is whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
10/31/16	11/1/16	11/2/16	11/3/16	11/4/16
Hot & Spicy Chicken Stix Zucchini slices Fruit slushies Milk CANADIAN BAC SUB-TURKEY	Mashed Potato Bowl Steamed corn Cheese sauce Diced Peaches Milk PEPPERONI ITALIAN COMBO	Ham&Egg quiche Mand oranges Fruit Juice WG croissants Milk SAUSAGE HAM	Meat & Cheese Nachos Refried Beans Kiwi Milk MEAT LOVERS HOT BEEF	Shrimp Poppers Parmesan Potatos Steamed Peas Diced Pears Milk CHEESE TURKEY
11/7/16	11/8/16	11/9/16	11/10/16	11/11/16
Mandarin Chicken Brown Rice Oriental Veggies Pineapple Milk CANADIAN BAC SUB-TURKEY	WG Chicken Patty WG Bun Gold Fish Diced Pears Baby carrots Milk PEPPERONI ITALIAN COMBO	All Beef Hot dog WG bun Scooby Grahams Grapes Celery sticks Milk SAUSAGE HAM	Chicken Burrito Bowl Brown Rice Fajita Veggies Blk. Beans Diced Peaches Milk MEAT LOVERS MEATBALL	Italian Dip its W/Marinara cup Green Beans Applesauce cups Milk CHEESE TURKEY
11/14/16	11/15/16	11/16/16	11/17/16	11/18/16
WG Chicken Strip Rollups Broccoli/Cauliflowr Apple Slices/Milk Fritos CANADIAN BAC SUB-TURKEY	Italian sloppy Joes W/WG Garlic toast Green Beans Diced Peaches Milk PEPPERONI ITALIAN COMBO	BBQ Riblet W bun Fritos Apple slices Broccoli/Califlower Milk SAUSAGE HAM	Walking Tacos Corn Diced Pears Blk Bean Salsa Milk MEAT LOVERS PHILLY STEAK	THANKSGIVING DINNER CHEESE TURKEY
11/21/16	11/22/16	11/23/16	11/24/16	11/25/16
Popcorn Chicken Scooby Grahams Apple slices Baby Carrots Milk CANADIAN BAC SUB-TURKEY	French Toast Lite Syrup Sausage links Fruit Juice M.Oranges/Milk PEPPERONI ITALIAN COMBO	THANKSGIVING SAUSAGE HAM	BREAK MEAT LOVERS CHICK PIZZIOLA	NO SCHOOL <i>Leftover fruit will be offered next day as a 2nd fruit choice.</i> TURKEY
11/28/16	11/29/16	11/30/16	12/1/16	12/2/16
Chicken Nuggets Scooby Grahams Kiwi Baby Carrots Milk PIZZA-C BACON SUB-TURKEY	Mini Corn Dogs Cheetos Celery Sticks Applesauce cups Milk PEPPERONI ITALIAN COMBO	Hamburger On WG bun Sweet Pota fries Diced Peaches Cauliflower Dipper Milk SAUSAGE HAM	Taco Salad Black Bean Salsa Refried Beans Grapes Milk MEAT LOVERS SPICY CHICKEN	BBQ Pulled Pork On WG bun Gold Fish Baked Beans Fruit cocktail Milk CHEESE PIZZA TURKEY

This institution is an equal opportunity provider